



PRIME MINISTER

**MESSAGE FROM THE PRIME MINISTER**

**INTERNATIONAL DAY OF YOGA 2016**

I am pleased to provide this message for the second International Day of Yoga.

The ancient practice of yoga is one of India's gifts to the world, whose principles and disciplines can help improve our communities, our environment, and ourselves.

On International Day of Yoga, we celebrate the qualities that yoga aims to develop: resilience, thoughtfulness, respect and harmony, towards each other and the world.

I congratulate Prime Minister Modi on his leadership on the International Day of Yoga and commend his vision for supporting global peace and well-being.

Yoga is a symbol of the many important contributions that Indians and Australians of Indian heritage have made to Australia's successful multicultural society.

On the 2016 International Day of Yoga, thousands of Australians across our nation and abroad will draw on this heritage as we join with India to deepen our understanding and practice of yoga.

A handwritten signature in black ink, appearing to read 'Malcolm Turnbull'.

The Hon Malcolm Turnbull MP  
Prime Minister of Australia

25 May 2016