



**Press Release**



A special class of yoga was held at La Maison Saheb Etabaa, Halfaouine, a 19<sup>th</sup>-century traditional Tunisian house in the Medina, the old city of Tunis by Ravishankar Mani Pandey, Yoga expert from India, as part of the ongoing yoga week in Tunis leading upto the International Day of Yoga.

The La Maison Saheb Etabaa was the centre of traditional learning in pre-colonial Tunisia. It is now used by artists, writers and students. Art and Democracy Association, an NGO that works to preserve Tunisian culture is associated with this house. Shri Pandey will hold another special yoga class at La Maison Saheb Etabaa, Medina at the same venue on Monday, 22<sup>nd</sup> June, 2015.



19 June, 2015  
Tunis