

CG. Frankfurt

From: "Ruby Jaspreet" <com.frankfurt@mea.gov.in>
Date: 22 June 2020 17:22
To: "Sandeep Arya" <jsew@mea.gov.in>; "Neetu Bhagotia" <direw@mea.gov.in>; "usew" <usew2@mea.gov.in>
Cc: "DG.ICCR" <dg.iccr@mea.gov.in>; "JSXP" <jsexp@mea.gov.in>; "Dr Venkatachalam Murugan" <dirxp@mea.gov.in>; <osdpr@meaindia.in>; "cg.frankfurt" <cg.frankfurt@mea.gov.in>; "AmbOfficeBerlin" <amboffice.berlin@mea.gov.in>; "PARAMITA TRIPATHI" <dcm.berlin@mea.gov.in>; "Mohit yadav" <cg.munich@mea.gov.in>; "Madan Lal RAIGAR" <cg.hamburg@mea.gov.in>; "hoc.frankfurt" <hoc.frankfurt@mea.gov.in>
Subject: Celebration of IDY 2020

Dear Sir,

The Consulate General of India Frankfurt organized a day long celebration of International Day of Yoga 2020 under the banner "*Yoga from Home: Live with CGI Frankfurt*". The celebration began with a live morning session from the residence of the Consulate General with Yoga expert Mr. Feroze Khan of European Yoga Institute. The one hour live session was watched by around one thousand viewers on the Post's Facebook page. Consul General gave an address on the occasion followed by the common yoga protocol performed by the CGI Team.

2. The special screening from CG's residence yesterday was the culmination of 21-day series of online sessions organized by the Post. Starting from 1st June 2020, the online sessions were held every evening by various yoga institutes in the region including Art of Living, European Yoga Institute, ISHA Foundation, Brahma Kumaris etc. These 20 sessions were viewed widely by the German and the Indian community.

3. During the entire day on 21st June, the Post organized a series of online sessions. These included following the live screening from CG's residence yoga sessions included presentations from Art of Living, Brahma Kumaris, ISHA Foundation, Sehaj Yoga Meditation and Innovative Corporate Health Management, amongst others. Some of these sessions had more than a thousand views. The day long sessions kept the German and the Indian community engaged throughout.

4. These sessions also were an opportunity for the Post to engage with various German partners running yoga and ayurveda institutes in the country. It brought good and positive publicity to both the yoga institutes as well as to the Consulate.

Mit freundlichen Grüßen/With best regards,

Ruby Jaspreet, IFS
Consul (Coordination)
Consulate General of India
Friedrich-Ebert-Anlage 26
60325 Frankfurt/M
Tel: 069-15300531
Fax: 069-74090645

